

TOWN OF SEABROOK

SELECTMEN'S MEETING

MARCH 7, 2022

Present: Ella M. Brown
Aboul B. Khan
Theresa A. Kyle
William M. Manzi, III

10:30AM

Mrs. Brown opened the meeting at 10:30AM.

MEETING - FIRING RANGE

Mrs. Kyle commented that she is confused about the agenda as the request is for hunter education. She was not informed there was a public meeting.

Heated discussion began and Mrs. Brown took a 5-minute recess at 10:32AM. Board reconvened at 10:38AM.

Mr. Khan spoke and said the selectmen does not have any opportunity to discuss any matter outside of a public meeting. He said the chairperson sets the agenda with consultation with the town manager. The board members cannot reach out to another member it is not legal. The town manager can have the discussions with the other board members. Mr. Khan said Chairwoman Ella Brown asked for this item to be on the agenda through the town manager and he said he has asked for items to be placed on the agenda.

Mrs. Kyle said they receive the agenda on Thursday or Friday so that they can prepare for the meeting on Monday. On Saturday she received a call that there is going to be a big meeting on Monday to discuss the reopening of the gun range. She said she is an elected member to this board and was not notified of the meeting. Mrs. Kyle commented that even the Police Chief of Kensington was notified and is here today, but she was not.

Mr. Khan said the committee was formed by the board and were in process of getting a 501C3 when it was halted by Covid. A lot of people were calling him regarding the status of the range. He feels it is important to pick this back up to see where they are at to getting the range reopened.

Jim Goldthwaite spoke to the hunter education request to utilize the gun range. They believe strongly that hunter education is an important event and will be conducting a course in April.

MOTION: Ella M. Brown
Second: Theresa A. Kyle
Unanimous

To approve the request to
utilize the gun range for
hunter education.

Don Felch spoke and said he sat on the committee and gave an oversight as to where they are at and where they need to go. In 2019 they were given a set of guidelines to follow to run a gun range here in Seabrook. They have met almost every aspect of the guidelines. The only hindrance was too open using no taxpayer subsidy. They have looked at ways of generating revenue but needed to get a 501C3 which was put on hold due to Covid. The paperwork will be filed this week which will allow them to receive donations and produce revenue.

The committee has 2 open seats, and it needs to be re-established so they can move forward and hold a meeting. They are now looking to keep it to residents only and it will be much easier for them to manage. Don Felch said they have looked into the insurance, but he doesn't have the numbers right in front of him, but he knows some of the numbers have doubled.

Mr. Manzi commented they could ask conservation to have a member present on the committee. He believes the fire member will be resolved after he speaks to the chief.

MOTION:	Aboul B. Khan	To increase the size of the
Second:	Ella M. Brown	committee by 4 members in
Abstain:	Theresa A. Kyle	order to get this program
		moving forward.

Mr. Khan said they have people here in the room that would be happy to serve on the committee - Mike Pike, Casey Carter, Patrick Knott and Ravi. Don Felch doesn't feel they need to reinvent the wheel.

Mike Pike said the firing range needs to open as people are out shooting in the woods behind houses which is not safe. He said it is not just about hunting, but it is somewhere to go with the children and teach them on gun safety. He asked why they couldn't move the range so that it is on town property in Seabrook rather than in Kensington.

Mrs. Kyle said this is not funded by the town and is not subsidized by tax dollars. Mr. Manzi said that maybe after looking at the ideas they may want to consider the options. However, Kensington has not been completely negative on the opening of the gun range. Mr. Manzi said they would like us to open it safely and the town has looked at putting in some safety measures. He feels this should be discussed at the committee and then have it come forward to the board with a suggestion of moving the range to do it safely. He feels it should be worked

out in the committee and they will bring back a solid recommendation to the board.

Police Chief Scott Cain of Kensington said they will object to a firing range the way it is right now. He said to open it up to Kensington residents not just Seabrook would put a better light on getting it passed by the board. He said safety protocols need to be put in place and lights need to be put in place through solar panels, etc. to monitor the area. Since the range has been closed there have been no bullets found at CP Lumber. He feels there needs to be a full proposal brought to his board in Kensington before they agree to reopen the range.

Mr. Manzi said he has had many conversations with Attorney Bower, so this is a little redundant. Once there is a full proposal, they could invite the board of Kensington to attend that meeting so they can sell the proposal to both. The proposal needs to ensure the safety of all those involved.

Police Chief Brett Walker said there is no one here that is opposed to opening the range, but it needs to be done properly. Adding additional members to the committee just adds more people but you already have the members working towards the same goal.

Bobby Brown spoke and said every meeting was posted and anyone that wants to attend the meeting could. They did not have to be on the committee to voice their opinion or ideas.

Casey Carter said he doesn't want to see the range closed or given up on like the BMX track. He is a big advocate for recreation, and he works for the parks and cemeteries for the town. He said the property could also be used for fishing where they could hold fishing derbies. He said the town should be keeping an eye on this area by fencing it off and installing cameras. He said people move to this town not for a million-dollar home but rather for the amenities the town offers. He said they could use the Friends of Seabrook Community for the range, and it is already a 501C3.

Mrs. Kyle said she is dismayed there is no member of the beach precinct on the committee. Don Felch said the seat has already been available but there was never any interest in it. Mr. Manzi went over the members from the original committee. Mrs. Kyle will bring this up at the next beach precinct meeting.

MOTION: Aboul B. Khan
Second: Ella M. Brown
Unanimous

To designate a beach precinct
member for the committee.

Maria Brown commented that if they put more members on a committee they have always asked for letters of interest and it doesn't look good if the new members are hand-picked at a public meeting, so for the future they should continue the way they have in the past.

Board took a 5-minute break at 11:48AM. Board reconvened at 12:04PM.

MONTHLY MEETING - DPW MANAGER

John Starkey was present for his monthly report (see attached). He spoke about the vehicles that are being repaired after the last snowstorm and the warrant article that is on the ballot. He said even if the dump truck is approved there is a good chance, he would not get it for one year as it needs to be built and outfitted.

John Starkey spoke about the paving program and the article on the ballot. The largest share of this fund is raised by the highway block grant with the smallest amount being raised by taxation. He has provided a memo on where he would like to focus on the paving in 2022. He is hoping to get the board to approve the contract with Continental Paving by piggybacking on with the state bid price. John Starkey spoke about using the church parking lot which is already in bad shape, and this would make it worse so he is suggesting they pave the parking lot, and it would cost about \$9K. Mr. Manzi said they would need to reach an agreement with the private landowner, and he would handle this matter.

MOTION:	Ella M. Brown	To approve the paving program
Second:	Theresa A. Kyle	per the memo from the DPW
Unanimous		Manager.

MONTHLY MEETING - RECREATION DIRECTOR

Cassandra Carter was present for her monthly report (see attached). She spoke about the upcoming programs for spring. She said things are going back to normalcy and feels it is the time to do so. There is a leak in the gym, but it is already being fixed. Mrs. Brown said she is doing a great job and things are getting back to normal and she loves that.

Lt. Tim Mone spoke in regard to the collective bargaining agreement that is on the ballot. He said this union is comprised of the department heads who run the departments. He thanked the board, town manager and budget committee for support of the article and is asking for the taxpayers to come out and support this article.

Mrs. Kyle commented that some of the supervisors are making less than those they supervise, and this will bring them current with other union contracts. Mr. Khan said they spent many hours negotiating this contract and brings a win-win for both the taxpayers and the union members. Mrs. Brown said it is a fair contract and did spend hours on negotiating to make it right for the supervisors. They have all asked for the support on this article.

PREVIOUS MINUTES - DECEMBER 20 PUBLIC & NON-PUBLIC

MOTION: Ella M. Brown To adopt the minutes of 12/20
Second: Theresa A. Kyle public.
Unanimous

ABATEMENTS

Laura Peterson - 101 Folly Mill Road - \$31.60
RIGA Trust - 16 Folly Mill Road - \$309.94
Michael Zaffiro - 14 Pineo Farms Road - \$31.20
Michael Culhane - 47 B Street - \$31.20

MOTION: Ella M. Brown To approve and sign all of
Second: Aboul B. Khan the abatements.
Unanimous

Mr. Khan commented the total abatement for all 4 apps is less than \$400.

WATER SERVICE APPLICATION

Paul Lepere - 23 Pages Lane - \$1300

MOTION: Theresa A. Kyle To approve and sign the
Second: Ella M. Brown water application.
Unanimous

SEWER SERVICE APPLICATION

Paul Lepere - 23 Pages Lane - \$800
Kevin Janvrin - 12 C Janvrin Drive - \$100

MOTION: Ella M. Brown To approve and sign both of
Second: Theresa A. Kyle the sewer applications.
Unanimous

5 ELDERLY EXEMPTIONS

MOTION: Ella M. Brown To approve and sign all of
Second: Theresa A. Kyle the elderly exemptions.
Unanimous

1 DISABILITY EXEMPTION

MOTION: Ella M. Brown To approve and sign the
Second: Theresa A. Kyle disability exemption.
Unanimous

VETERAN EXEMPTION

Mathie & Moira Lewis - 3 Beckman Landing

MOTION: Ella M. Brown To approve and sign the
Second: Theresa A. Kyle veteran exemption.
Unanimous

DONATION - \$500 - CLEAR CHOICE MD - FIRE DEPARTMENT

This donation would be used towards the purchase of a portable ultrasound machine.

MOTION: Ella M. Brown To approve and accept the
Second: Theresa A. Kyle donation.
Unanimous

SURPLUS - WATER DEPARTMENT

Mr. Khan requested a list of what items have been sold in the last 6 months.

MOTION: Ella M. Brown To approve the request to
Second: Theresa A. Kyle surplus for water department.
Unanimous

QUITCLAIM DEED - HILLSIDE CEMETERY

Michael Call - Section 32 Lots 25 Plot 1

MOTION: Theresa A. Kyle To approve and sign the
Second: Ella M. Brown quitclaim deed.
Unanimous

CEMETERY PLOTS BUYBACK - HILLSIDE CEMETERY

Richard Lynch - \$800

Karen Blethroade - \$800

MOTION: Theresa A. Kyle To approve the cemetery
Second: Ella M. Brown buyback.
Unanimous

QUESTION/COMMENTS

Mr. Khan spoke to article 2 and protecting the water protection area for future development. Article 13 is for new full-time firefighters and the town has not hired any new firefighters in

several years and the growth of the town is overwhelming and fully supports new hires or we will continue to spend more money in overtime and injuries. The scale at the transfer station is 25 years old and needs to be repaired in order to keep it open. Article 27 is for lease of the Sanborn School that has been vacant for several years. There will be no cost to the taxpayers and will assist the town with the drug issue in town. Mrs. Brown said it will also be used for families that need support such as grandparents who are now raising their grandkids. Mrs. Kyle said she is not in favor of this article as it is not exclusive for Seabrook people. She feels the best use for this dilapidated building is to sell it and bring money to the town.

The board encouraged all voters to come out and vote on Tuesday, March 8 from 7AM - 7PM at the Community Center.

Mrs. Brown thanked the residents in the town for electing her to the board for the last 6 years and hopes all voters will come out and vote tomorrow.

MOTION: Aboul B. Khan
Second: Ella M. Brown
Unanimous

To adjourn the meeting
at 1:10PM.

Minutes taken by Kelly J. O'Connor.

Approved and endorsed:

Theresa A. Kyle, Clerk

Date: _____

TOWN OF SEABROOK BOARD OF SELECTMEN

AGENDA

March 7, 2022

Open Meeting at 10:30 A.M.

TURN CELL PHONES TO VIBRATE OR OFF PLEASE PLEDGE OF ALLEGIANCE

MEETING

- 1.) Meeting – Firing Range
Request to use firing range – Hunter Education
- 2.) Monthly Meeting – DPW Manager
Request to approve street paving recommendation
- 2.) Monthly Meeting – Recreation Director

NEW BUSINESS

- 1.) Question of approving previous minutes of December 20 public & non-public.
- 2.) Question of approving abatements for Laura Peterson – 101 Folly Mill Road - \$31.60, RIGA Trust – 16 Folly Mill Road - \$309.94, Michael Zaffiro – 14 Pineo Farms Road - \$31.20 and Michael Culhane – 47 B Street - \$31.20.
- 3.) Question of approving water service application for Paul Lepere – 23 Pages Lane Lot 3.
- 4.) Question of approving sewer service application for Paul Lepere – 23 Pages Lane Lot 3 and Kevin Janvrin – 12 C Janvrin Drive.
- 5.) Question of approving 5 elderly exemptions.
- 6.) Question of approving 1 disability exemption.
- 7.) Question of approving veteran exemption for Mathie & Moira Lewis – 3 Beckman Landing.
- 8.) Question of accepting \$500 donation from Clear Choice MD – Fire Department.
- 9.) Question of approving surplus for water.
- 10.) Question of approving quitclaim deed in Hillside Cemetery for Michael Call – Section 32 Lots 25 Plot 1.
- 11.) Question of approving request to buyback cemetery plots in Hillside Cemetery for Richard Lynch - \$800 and Karen Blethroade - \$800.

QUESTIONS/COMMENTS

Board of Selectmen on any boards and/or committee meetings they have attended

PUBLIC PARTICIPATION

TOWN OF SEABROOK, NEW HAMPSHIRE
DEPARTMENT OF PUBLIC WORKS
43 Railroad Ave, PO Box 456
Seabrook, NH 03874
603-474-9771

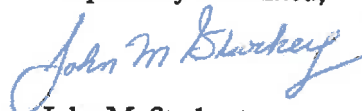
DATE: March 1st, 2022
TO: William M. Manzi, Town Manager
FROM: John M. Starkey, DPW Manager
RE: **DPW Monthly Report – December 2nd, 2021 to March 3rd, 2022**

Dear Bill,

Please accept the following as a report of the Public Works activities for the above referenced period:

- Emergency evolutions on 23 occasions this period: 12/9, 12/17, 12/22, 12/25, 12/28/21 and 1/6, 1/7, 1/9, 1/10, 1/17, 1/18, 1/20, 1/25, 1/29, 1/30 and 2/4, 2/8, 2/9, 2/13, 2/14, 2/19, 2/24, 2/25/22.
- Pick up Christmas trees town wide.
- Prepare Christmas Tree bonfire.
- 26 Burials/Deaths in Seabrook during this time period.
- Cold patch pot holes.
- Clean and grease equipment.
- Remote education and training for Solid Waste Certification.
- DPW Admin. submitted documentation to insurance carrier to recover \$57,000 for Town Float.
- Responded to resident's service requests.
- During this time period approximately \$22,000 revenue was collected and deposited in the Recycling Fund.
- 64 Revenue deposits were made in this time period
- Set up for deliberative session on February 8th, 2022.
- Set up for Town Meeting on March 7th, 2022.

Respectfully Submitted,



John M. Starkey
DPW Manager



JMS/law

cc: Kelly O'Connor-Deputy Town Manager
Bruce Felch-Highway Foreman
Lynn Willwerth-Office Supervisor
David Schiappa, DPW Sec.
FILE

TOWN OF SEABROOK, NEW HAMPSHIRE
DEPARTMENT OF PUBLIC WORKS
43 Railroad Ave - PO Box 456
Seabrook, NH 03874
Telephone (603) 474-9771
Fax (603) 474-5942

March 1, 2022

M004-22

TO: William M. Manzi, Town Manager
FROM: John M. Starkey, DPW Manager
RE: 2022 Town Wide Paving Recommendation

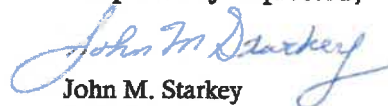
Dear Bill,

Pursuant to the above referenced subject matter please accept the following; Because hot mix asphalt (Bituminous Concrete) is primarily a petroleum product and world events have tremendously impacted and increased the prices of anything to do with oil, a decision on March 7th, 2022 by the Board of Selectmen to proceed quickly in the Spring this year is in our best interest.

Here is what I recommend:

- Get under contract immediately with Continental Paving (Hudson N.H.)
We can with this asphalt producer (Largest in N.H.) piggybank on State Bid Prices
- Complete all of the 2022 paving goals and objectives before Memorial Day
- Keep last year's promise of paving Dow's Lane
- Finish the paving started on Eisenhower Street (Beach Street)
- Shift from north beach streets (last 3 years) to be fair and start on south beach streets completing 2 or 3 short streets
- Begin milling and resurfacing (2-year project) Lake Shore Drive development (worst streets)
- Rehab DPW parking lot (*Note: Recreation-2020, Police Dept.-2021, DPW-2022, Fire Dept.-2023*)

Respectfully requested,


John M. Starkey
DPW Manager



JMS/law

cc: Kelly O'Connor, Deputy Town Manager
Lynn Willwerth, Office Supervisor, Bruce Felch, HWY Foreman
Dave Schiappa, DPW Clerk, Shay Heiseler, Clerk

2/28 TRK 53 Ford Garage Salisbury MA ^{7 hours}

3/2 Kubota Tractor Elliot MAINE
Hyd Seal & Scheduled maint

3/4 TRK 84 Eke? Power to Flow
North Hampton

2/28 TRK 57 Danaher Springs ^{10 hrs}
Loudon County ^{10 hrs}

2/23 TRK 76 HiR Body RUBBER
INSPECTION LIST 6 items Fuel Tank

Vehicle Inspection Report

Vehicle	Engine	Transmission	Drivetrain	Brakes	Steering	Suspension	Wheels/Tires	Electrical	Interior	Exterior

Inspector: [Signature]

Date: [Date]

Mailboxes they may need permanent fix in spring 2022:

2 Timber Ct

12 Timber Ct

33 Farm Ln

67 Foggs Ln

69A Foggs Ln

77B Foggs Ln

15 Randall Dr

22 Randall Dr

55 Border Winds Ave

56 Border Winds Ave

80 Alison Dr.

50 Ayer Circle – (Dave Anthony)

4 Kimberly Dr

87 Collins St - fixed

8 Nicholas Way - (Carmelina Cestrone)

86 Alison Dr

17 Irenes Way

33A Boynton Ln

118 Marshview Cir.

189 Walton Rd

22 Boynton Ln

12 Goulds Way

5 Greystone Ln

93 Viola Cir

Seabrook Recreation Report for 12/6/2021

Fall Session Programs

25 different youth total

Amazing Races & Obstacle Course	13
Everything Fall	9
Balloon Games & Crafts	12
Mask Making Madness	7
Grassy Field Games	9
Crafts throughout the Season	8
Goalie Games	12
Playground Excursions	8
Gaga Ball Tournaments	8

December Mini Session November 29th - December 22nd (3 1/2 weeks)

20 different youth total Monday - Friday

Senior Programs

Mondays; Drop in Bingo - Varies

Mondays- Yoga for Diverse Abilities

Thursday; Drop in Bingo - Varies

Upcoming December Vacation Camp 12/27 - 12/30 9

(this will more than likely fill up soon)

Parent's Night Out 12/2 5

Weight Training for Teens (Every Mon & Wed) 2-5

Billiards Class (Tuesdays) 6-10

Basketball Program (In House)

3-4 yr. Olds	(22 Registrants)
K-1st Grade	(31 Registrants)
2nd-3rd Grade	(48 Registrants)
4th-5th Grade	(45 Registrants)
6th-8th Grade	(70 Registrants)

Travel Basketball TBA (Registrants)

K-5th Cheerleading (In House) (25 Registrants)

Upcoming Events

Festival of Trees Holiday Event; December 10th, 2021 6pm-8pm (Refer to Flyer)

Holiday House Decorating Contest (Refer to Flyer)

Meals 4 Kids: Thursdays, Two times a month, 12pm-1:30pm

Donations Accepted

Brown's Lobster Pound- \$100

The Common Man - \$25

Markey's Lobster Pool - \$50

The Community Oven - \$25

Gametime Lanes & Entertainment - \$25

Tripolis - \$25

Ninety-Nine - \$25

T-Bones - \$25

The Copper Door - \$50

Turkey Vouchers - 15 Vouchers; gave away 7 to those in need

UPCOMING WINTER PROGRAMS; HOURS - M-F 9am-9pm, Sat**8am-8pm, Sun 1pm-8pm**

(Fridays open until 5:15pm with Special)

Winter Session begins January 3rd - March 25th (12 weeks)

Registrations begin December 13th

(Refer to Flyer)

February		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	TOTALS	
Scanned ID's	T	W	T	F	S	S	M	T	W	T	F	S	M	T	W	T	W	T	F	S	S	M	T	W	T	F	S	S	S	M	
		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Visitors	39	23	38	228	83	47	4	34	44	40	92	240	50	51	35	54	25	0	28	0	0	0	43	50	45	9	29	15	1,346		
Youth Programs (AK AM)	4	0	2	0	0	0	4	0	2	0	0	0	0	2	0	1	0	0	0	0	0	0	3	0	1	0	0	0	19		
Youth Programs (ASP/Vaca Camp)	11	23	9	C	0	0	8	9	8	9	7	0	0	10	11	10	7	0	0	0	S	E	8	10	10	C	0	0	18 Vaca Camp	179	
Youth Specials	0	0	0	L	0	0	0	0	0	0	4A 3rd & 4th Mixer	0	0	0	0	0	0	0	0	0	D	D	0	0	0	S	0	0	0	44	
Adult Programs "Day"	0	7	Yoga 7 Wk	D	0	0	10 YFAA 5 Bingo	0	6	Wk 26	Bingo	0	0	8	YFAA 3 Bingo	0	5	Yoga 5 Wk	21	Bingo	0	P	A	0	13	Yoga 7 Wk	25	Bingo	0	170	
Adult Programs "Night"	4	SC	0	S	0	0	5 DM/T	0	0	0	3	Zumba	0	0	1	DM/T	3	SC	0	2	Bingo	S	2	SC	0	0	0	0	2	DM/T	19
Specials	0	0	0	N	0	0	65	Deliberative Session	0	0	0	0	0	0	0	0	350	In House Winter Sports Banquets	0	0	D	E	0	35	3-4 Yr Old Basketball Party	0	0	0	0	610	
Meetings	0	0	0	W	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	S	I	0	0	0	0	0	0	0	0	
Trips	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	S	0	0	0	0	0	0	0	0	0	
Health Clinics	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
TOTALS	58	50	68	0	228	83	67	82	48	84	91	92	240	72	67	56	88	192	350	28	0	56	115	81	0	9	29	41	2,385		

WEIGHT ROOM USE TOTAL	
YOUTH	---
TEEN	11
ADULT	75

2/2 Early Release Program
2/4 BLD Building Session - SNOW
2/8 Deliverative Session - No Open Areas, No SC, No Practices
2/11 3rd & 4th Mixer
2/12 Sister's Night - CANCELLED (Low Sign Ups)
2/18 2nd-4th Grade in House Basketball Championships
2/19 In House Banquets
2/21 In House - President's Day
2/23 3-4 Year Old Basketball Party
2/25 CLOSED - Snow
2/28 Start of Vacation Camp Week

[illegible]

2022

January	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	TOTALS
Scanned ID's	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	
Visitors	C	L	O	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Youth Programs (PK AM)	53	40	33	32	0	195	62	43	36	32	21	20	184	25	10	34	43	51	18	212	8	49	49	84	37	22	48	51	1,492			
Youth Programs (ASP)	S	E	D	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	2	0	0	0	0	1	0	2	0	0	0	0	
Youth Specials													28	3rd&4th Mixer			0	0	0	0	51	5th&6th Mixer			0	0	0	0	0	52	7th&8th Mixer	
Adult Programs *Day*												10	13	Yoga	0	0	2	YFAA	10	11	Bingo	0	0	0	0	7	Wtl	17	Bingo	0		
Adult Programs *Night*												0	0	0	0	0	0	9	4 SC	0	2	0	0	4	5 SC	0	1	Zumba	0			
Specials																																
Meetings																																
Trips																																
Health Clinics																																
TOTALS	0	0	72	55	54	54	0	195	63	60	49	60	48	56	184	25	21	53	65	75	77	212	8	67	65	101	66	82	0	48	80	2,000

NEW ID'S	16	YTD	16
Non Res ID'S	0	YTD	0
MOW HD		YTD QUARTER	
MOW Cong.		YTD QUARTER	
Taxi	0	YTD	0

GAME ROOM USE TOTAL	
YOUTH	141
TEEN	76
ADULT	24

GYM USE TOTAL	
YOUTH	188
TEEN	162
ADULT	96

WEIGHT ROOM USE TOTAL	
YOUTH	---
TEEN	26
ADULT	73

JANUARY 2022 IMPORTANT EVENTS/HAPPENINGS

- 1/1 & 1/2 CLOSED - New Years Day
- 1/3 First Day of Winter Session
- 1/7 - BUILDING CLOSED AT 2 PM DUE TO SNOW - NO ASP, NO BBALL, NO MIXER
- 1/7 2nd & Under Mixer - POSTPONED
- 1/14 - 3rd & 4th Mixer
- 1/17 - NO PROGRAM (NO SCHOOL, MLK DAY)
- 1/21 5th & 6th Mixer
- 1/28 7th&8th Mixer
- 1/29 BUILDING CLOSED - SNOW

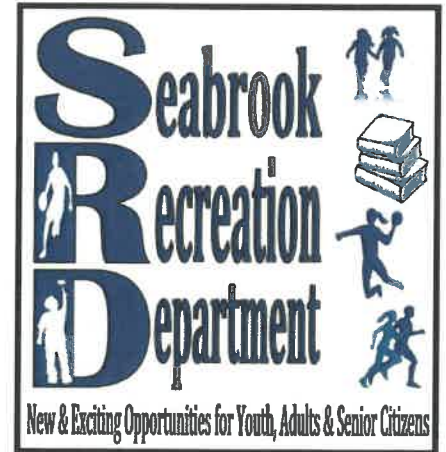
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	TOTALS
GAME ROOM USE	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	
GYM USE	0	0	21	13	0	5	0	25	0	20	2	5	13	2	29	4	1	1	20	6	8	25	0	12	7	1	11	1	0	0	7	239
WEIGHT ROOM USE	0	0	6	9	5	3	0	1	0	8	8	7	3	1	1	0	2	2	4	5	2	0	0	6	5	7	4	4	0	0	4	97

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	TOTALS
GUEST FEES PD	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	
	0	0	2 (\$4)	0	0	0	0	0	1 (\$2)	0	0	0	2 (\$4)	0	0	0	10 (\$20)	0	0	0	5 (\$10)	0	0	0	0	0	7 (\$14)	0	0	0	2 (\$4)	29

SEABROOK RECREATION DEPARTMENT

2022 SPRING SESSION PROGRAM GUIDE:

Mar. 28th – Jun. 9th
Youth, Adult & Senior



Seabrook Community Center

311 Lafayette Rd., Seabrook NH
(603) 474-5746

Building Hours

Mon.-Thurs. 9am-8pm (starting April 4th)

Fri. 9am-8pm (When there is no special event)

Fri. Closed from 5:00pm-6:15pm (Special event)

Sat. 11am-3pm (starting April 9th)

Sun. CLOSED (starting April 10th)

Spring Registration Begins

February 28th, 2022

GENERAL INFORMATION

Our Mission

The Seabrook Recreation Department is committed to providing leisure services for Seabrook residents of all ages and interests by promoting programs which encourage the development of healthy bodies, minds and attitudes. - *Seabrook Rec. Commission & Staff*

Registration Information

You may register and pay online at seabrookrec.com or visit us at 311 Lafayette Rd. Seabrook, NH for assistance.

How to Register Online

1. Visit seabrookrec.com
2. Create a new account or log in to your existing account. (Note: Creating a new account is a one-time event that allows you to utilize our system. It is not a registration by itself)
3. Enter your primary billing contact first (must be an adult)
4. Add other members of your household
5. After all members are added, you may browse programs and add programs and/or other items to your cart.
6. Checkout and pay

Policies & Procedures

Attire—Non-marking sneakers are required by any participant in gym activities. Shirts must be worn in all areas. Undergarment must be covered up.

Cancellations—Classes may be cancelled due to the lack of enrollment. All those registered for such a class, may receive credit toward another program or receive a refund. In the event of inclement weather, some programs may be cancelled.

School Aged Youth Using Facility-

School age youth are not allowed to use the building during school hours. Regular youth hours start at 2:45pm. Children 10 years and under must leave the Rec. at 6pm, and children 11 & 12 years must leave the gym at 6pm and go to the game room until 7pm, unless they are with a parent or adult who is directly supervising them or engaging in the same activity. Children less than the third grade may not be dropped off to use the building, unless they are attending a structured class or team practice. Youth age 10 & under need adult supervision outdoors.

Eligibility Requirements - Most of our programs are offered at three different rates, which includes 2 rates for members and 1 rate for non-members. A few programs & facilities are limited to members only, for example the exercise room is limited to members. We also have some programs that are limited to resident members first, such as summer camp.

Individuals without a SRD ID— Any person who does not have a current SRD ID Card must stop at main office to sign in and pay the appropriate drop-in fee. Anyone age 15 years old & older, must show other ID such as a drivers license or school ID.

Prices:

Resident - \$2

Non-Residents (17 & Under & 55+) - \$3

Non Resident (18-54) - \$5



Recreation Department Staff

Cassandra Carter
Interim Director of Recreation

Patrick Collins
Assistant Director

(Coordinates and facilitates athletic programs, leagues and specials)

Cassandra Carter
Program Director

(Coordinates and facilitates various Recreational Youth, Adult & Senior Programs & Community Events)

Jo-Anne Page
Office Supervisor

Ryan Johnson
Custodian

GENERAL INFORMATION CONTINUED...

Policies & Procedures

❑ **Refund policy** – Some programs have a minimum and maximum number of participants set, in order to begin operating classes. Refunds are allowed one week prior to the class starting. Credit may be given in some situations.

❑ **Handicapped Access** – The community center is handicapped accessible. Shower facilities, sinks, playground, etc. meet ADA standards.

❑ **Checks with Insufficient Funds** – Any person using a check to pay for services & items, must understand that they are responsible for any bank charges and the amount of the check. These fees must be taken care of before they can sign up for any additional programs.

❑ **Dogs on the Property**- Dogs are not allowed in the community center and/ or on the property. This does not apply to medical assisting dogs.

❑ **Lost & Found** – We try very hard to give people an opportunity to reclaim their lost item. Check at the main office and lost & found cage. The Rec. Center is not responsible for lost, stolen or damaged property.

❑ **Skateboards, bicycles, roller blades, heelys & scooters**– Are not allowed outside in the main driveway area, in the front walkway/entrance or in use anywhere inside the building. Only Seabrook Recreation Department equipment allowed.

CONTACT US!

Phone: (603) 474-5746 or (603) 474-8008

Website: www.seabrookrec.com

Facebook: Seabrook Recreation Department &
Community Center

Instagram: Seabrook_Community_Center



Recreation Department Staff Continued

Stephanie McDonald
Office Clerk

www.seabrookrec.com

Office Receptionists

Corina Donahue
Leah Callahan
Connie Rath
Chantel Donahue

Rec_Reception@seabrookrec.com
(603)

Area Supervisors

Lita Brown
Tammy Gardener
Hannah Allen

Night-time Custodian

Fuller Albright
Corri Eaton

Community Center Facilities

Exercise Room

Open only to SRD membership holders age 13 and above. Each participant under 13 must complete the 30 minute clearance class, held on Tuesdays at 3:30PM. Parent or guardian must sign a waiver. Over 18 must sign a waiver and attend a course if you'd like. (An appointment must be made to attend this course.)

Equipment includes: 6 pieces of Cybex equipment, health rider, fitness flyer, treadmill, bench press, squat rack, rowing machine, bikes, calf machine, curl machine, Ab machines, Total Gym 1000, free weights, elliptical machine, and more.

	Adults/Teens (High School +)	13-15 yrs.
M-Th.	9AM – 8PM	2:45 PM – 6 PM
Fri.	9AM – 8PM	2:45 PM – 6 PM
Sat.	8AM – 8PM	N/A
Sun.	1pm-8pm	N/A



Outdoor Areas

All outdoor facilities are opened. Outdoor Facilities close at dusk.(weather permitting). Outdoor areas include the playground, walking trail and tennis courts. Check with office for availability.

Open Gym

Days & Times

Mon.-Thur. 9am-8pm (at least ½ gym)

Call ahead for availability.

Friday: 9am-5:00pm (when there is a special event)

9am-8pm (when there is no event)

(at least ½ gym)

Sat: 11am-3pm

Sun: CLOSED

Open times are subject to change!

Game Room

Billiards, Table Games, Air Hockey,

Computers, Arcade, PS4 and Xbox 1.

Supervised most weekdays from 3pm-8pm

Mon-Thurs: 9am-8pm

Fri: 9am-5pm

Sat: 11am-3pm

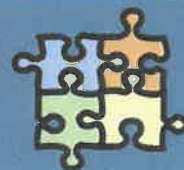
Sun: CLOSED

Note: Youth ages 10 & under must leave at 6pm.

Youth ages 11 & 12 must leave at 7pm.

Youth must be 11 years old to go outside.

PRESCHOOL PROGRAMS



Springtime Crafts & Games

Pricing:
\$40(10 weeks) w/SRD ID
\$80(10 weeks) w/o SRD ID
Dates: Tuesdays
Time: 10am – 12pm
Location: Gym 2
Instructor: Leah Callahan

In this pre-school program we will be doing Spring related Crafts and playing Outdoor Games!

The morning will begin with open invitation activities such as: play-dough, blocks, kitchen play and many more. Then we will participate in fun Crafts & Games.

There will be a designated snack time during class & some playground time weather permitting.

Must be Potty Trained

Register [Click to visit Seabrookrec.com](http://Seabrookrec.com)

Let's Explore Shapes & Colors

Pricing:
\$40(10 weeks) w/SRD ID
\$80(10 weeks) w/o SRD ID
Dates: Thursdays
Time: 10am – 12pm
Location: Gym 2
Instructor: Leah Callahan

In this pre-school program we will be learning about Shapes and Colors. How to make a rainbow and build a house out of blocks!

Must be Potty Trained

Family Play Time

Pricing:
FREE w/SRD ID
\$5 w/o SRD ID
Dates: Tuesdays
Time: 12pm – 1pm
Location: Gym 1
Instructor: Parent Supervised

Family play time will give parents, grandparents and other guardians a chance to play with their little ones with different sports equipment, gymnastics mats and other fun supplies. This is not a structured program and requires supervision by a parent or guardian.



Register [Click to visit Seabrookrec.com](http://Seabrookrec.com)

Welcome to our K-2nd Grade After-school Spring Session Program!

March 28th – June 9th

Monday - Friday
\$175.00 for the entire Spring Session
OR
Pay per specific program
(Residents Only)

Click the link
below to
Register

Seabrookrec.com

Schedule

Homework, Recess &
Snack

2:45pm-4pm

Program Time

4pm-5:15pm

Parent Pick-up

5:15pm

Meet our Staff

Program Leads
Fuller Albright
Cassandra Carter
Patrick Collins
JJ Bowley
Hannah Allen

Program Assistants

Sage Marquis
Sam Merrill
Maddesen Hiltz

Program Volunteers

Lily Azamor
Nikki Welch

IMPORTANT DATES TO REMEMBER!

There will be NO PROGRAMS
April 25th – April 29th
(Please Refer to our April
Vacation Camp Flyer) & May
30th

Early Release Day

May 4th, 2022
\$10 per person
Separate Registration
Required.

Painting in the Springtime

Mondays

\$40 (9 weeks)

Instructors: Cassandra Carter & Maddesen Hiltz
This class we will be painting outdoors while learning new
techniques and creative ways to paint!

Net Games

Tuesdays

\$38 (10 weeks)

Instructor: Fuller Albright & Jason Bowley
If you like Tennis, Soccer, Basketball or maybe even enjoy some
time on the Inter-Net than this class is for you! We will be
playing various net related games as well as providing an
incentive of Internet/Technology time.

Hoops

Wednesdays

\$36 (9 weeks)

Instructor: Patrick Collins & Sam Merrill
Want to learn new basketball skills or keep up on them. This
class is for you! We will be improving physical fitness,
developing sportsmanship and gaining an understanding of
the game of basketball.

Movie Magic; Disney

Thursdays

\$38 (10 weeks)

Instructor: Hannah Allen & Maddesen Hiltz
This class we will be diving into the magic of Disney Movies. We
will be doing Crafts, Cooking and playing games based off of
Disney hit movies!

Kids Choice

Fridays

\$36 (9 weeks)

Instructor: Fuller Albright & Jason Bowley/Sam Merrill &
Maddesen Hiltz
Games, Crafts, Sports.... the sky is the limit! Each Friday
participants will get to choose what they would like to do!

Welcome to our 3rd - 5th Grade After-school Spring Session Program!

March 28th – June 9th

Monday - Friday

\$175.00 for the entire Spring Session

OR

Pay per specific program
(Residents Only)

Click the link
below to
Register

Seabrookrec.com

Schedule

Homework, Recess &

Snack

2:45pm-4pm

Program Time

4pm-5:15pm

Parent Pick-up

5:15pm

Meet our Staff

Program Leads

Fuller Albright

Cassandra Carter

Patrick Collins

JJ Bowley

Hannah Allen

Program Assistants

Sage Marquis

Sam Merrill

Maddesen Hiltz

Program Volunteers

Lily Azamor

Nikki Welch

IMPORTANT DATES TO REMEMBER!

There will be NO PROGRAMS

April 25th – April 29th

(Please Refer to our April
Vacation Camp Flyer) & May
30th

Early Release Day

May 4th, 2022

\$10 per person

Separate Registration

Required.

Hoops

Mondays

\$36 (9 weeks)

Instructor: Patrick Collins & Jason Bowley

Want to learn new basketball skills or keep up on them. This class is for you! We will be improving physical fitness, developing sportsmanship and gaining an understanding of the game of basketball.

Boxed Cooking Creations

Tuesdays

\$44 (10 weeks)

Instructor: Cassandra Carter & Maddesen Hiltz

This class we will not only be baking and cooking from a box, but we will also be learning new ways to enhance a boxed recipe!

Youth on the Run

Wednesdays

\$36 (9 weeks)

Instructor: Cassandra Carter & Sage Marquis

This class will be exploring nearby community trails, playgrounds & more! We will be tracking our steps while having fun! The whole class will get to participate in an end of the spring raffle!

Net Games

Thursdays

\$38 (10 weeks)

Instructor: Patrick Collins & Jason Bowley

If you like Tennis, Soccer, Basketball or maybe even enjoy some time on the Inter-Net than this class is for you! We will be playing various net related games as well as providing an incentive of Internet/Technology time.

Kids Choice

Fridays

\$36 (9 weeks)

Instructors: Fuller Albright & Jason Bowley/Sam Merrill & Maddesen Hiltz

Games, Crafts, Sports.... the sky is the limit! Each Friday participants will get to choose what they would like to do!

Seabrook Recreation Department After-school Important Information!

Pick Up Policy

Pick-up time is no later than 5:15pm. For each additional minute over 5:15pm the parent/guardian will be charged \$.50 per minute late. These charges will automatically be charged to your account. If your child has permission to go to "Open Areas" after program the late charge fee will begin at 6pm.

If you have given your child (who is in 3rd grade or above) permission to go to open areas in the Rec. Center, please be aware that in such open areas as the gym or game room there is supervision but out of those areas your child is not supervised and the Recreation Department staff are not responsible for youth out of those areas.

Youth under 11 yrs. old are not allowed outside, without direct adult supervision. Youth over 11 yrs. old are allowed to go outside but are not supervised by a Recreation Department Staff member.

Other Good to Know Policies

- Please call in advance if your child will be absent from program
 - Masks are recommended but not required
 - Child must be signed out to be picked up
- No parents drop offs. Students attending the after-school program at the Seabrook Rec. MUST take the bus from the school to the rec. to participate.
- Programs will be outdoors as often as possible depending on the weather. Please make sure your child dresses accordingly.
- Please make sure the Front Office has an updated Emergency Contact on file.
 - No parents are allowed in the After-school Program.



APRIL

Vacation Camp!

April 25th – April 29th

8am – 3pm

\$50

RESIDENTS ONLY

K-5th Grade

PLEASE BRING A LUNCH

Snack will be provided!

Click the link
below to
Register

Seabrookrec.com



Chuck E Cheese

Tuesday, April 26th

K-2nd Grade

12:00pm-3:00pm

\$15

Instructor: Cassandra Carter

Price includes all you can play games for 90 minutes, pizza, drinks and a goody bag!

Basketball Hall of
Fame & Golden Corral

Grades 8th-11th Grade

Date & Time TBA

\$15

Trip includes
admission to the
Basketball Hall of
Fame and Dinner at
the Golden Corral



Spaces are limited!

Visionmax Theater

Wednesday, April 27th

3rd-5th Grade

Time TBD

\$10

Instructor: Cassandra Carter

SONIC THE HEDGEHOG 2!



Monday Night Madness.... GYM GAMES!

Monday Nights

6pm-7pm

5th-8th Grade

Instructor: Cassandra Carter

If you are in Open Areas, but instead would like to do something a little different than hanging out in the lobby, basketball in the gym or game room than make sure to stop in to Gym 2 for some High Energy Gym Games!

NO COST! DROP IN ONLY! NO SIGN-UPS REQUIRED!

Games may include....

Floor Hockey!

Soccer!

White Knight!

Pin Bombardment!

Your Choice!

Weight Training for Teens!

Mondays & Wednesdays

3pm-4pm Ages: 13-17

Ongoing Program

Instructor: Don Schrempf ("Gunny")

Sign up today! FREE!

If you are interested in weight lifting and want to become more involved in what it takes to build strength safely than these classes may be for you! Play sports and need to build muscle? Trying to gain strength? Want to just feel better about your health or overall physique?

Sign up today!



Billiards (Aka: Pool) for Youth!

Tuesdays

3pm-4pm Ages: 12-17

Ongoing Program

Instructor: Don Schrempf ("Gunny")

Sign up today! FREE!

If you like to play pool, and learn new things, then this class is for you! You will not only be learning the ins and outs of How To Play Pool, but you will also be introduced to new Billiards Games!

Sign up today!



Volunteer Opportunities



Hello Seabrook Community members and Friends! The Seabrook Recreation Department hosts many events throughout the year, youth after-school programs, adult & senior programs as well as working with our youth in what we call "Open Areas".

Volunteering is a great way to give back to your community, improve quality of life, build relationships, challenge yourself, earn volunteer hours, and so much more.

We have many volunteer opportunities, so please do not hesitate to reach out to see if there is something you are interested in helping out with. If you have any special skills please reach out as we're always looking for new and creative ways to improve our special events and programs. This is also a great way for high school students to receive credit for community service hours.

Thank you to all of our volunteers for your time, effort, and dedication. We rely on volunteers to help run all of our events and programs and truly appreciate your support.

Call the Seabrook Recreation Department at (603) 474-5746 to see how you can get involved!

Youth Sports Programs: All of our youth sports programs are coached by volunteers. Contact the Rec Office for more information if interested in coaching.

Special Events: We offer several special events throughout the year that could use the help facilitating. Please contact the Rec. Office if you can help us out with our special events. 603-474-5746

Volunteer opportunities typically include: event set-up & clean-up, decorating, assisting with door admission/refreshment tables, raffle tables, line attendants, and more.

School Vacation Weeks
Easter Egg Hunt- March/April
Earth Day - April
Senior Day- May
Summer Camp
Halloween Events- October
Holiday Events- December
Weekly Concession Stand

Click on the links below to complete the **REQUIRED** volunteer forms. Return them to the SRD!

[State of New Hampshire Criminal Records Unit \(nh.gov\)](http://State of New Hampshire Criminal Records Unit (nh.gov))

[National Background Check](#)

[Volunteer Application](#)

VOLUNTEER



Friday Night Specials



All events are subject to change

2nd Grade & Under

Pricing:

\$4 w/SRD ID

\$6 w/o SRD ID

Dates: Friday April 8th, May 13th

Time: 6:30pm-8:30pm

Location: Seabrook Recreation
Department

Join us in a fun filled night of
Roller-skating and Dancing!

Please make sure to wear socks to
the event and please refrain from
bringing your own skates.

**Parent or guardian supervision is
required**

3rd-4th Grade

Pricing:

\$4 w/SRD ID

\$6 w/o SRD ID

Dates: Friday April 15th, May 20th

Time: 6:30pm-8:30pm

Location: Seabrook Recreation
Department

If you like to Roller-skate, Dance and play
games then these events are for you!

Please make sure to wear socks to the
event and please refrain from bringing
your own skates.

**Parent or guardian supervision is not
required**

5th-6th Grade

\$4 w/SRD ID

\$6 w/o SRD ID

Dates: Friday April 22nd

Time: 6:30pm-8:30pm

Location: Seabrook Recreation
Department

If you like to Roller-skate, Dance and play
games then these events are for you!

Please make sure to wear socks to the
event and please refrain from bringing
your own skates.

**Parent or guardian supervision is not
required**

7th-8th Grade

\$4 w/SRD ID

\$6 w/o SRD ID

Dates: Friday May 6th

Time: 6:30pm-8:30pm

Location: Seabrook Recreation
Department

If you like to Roller-skate, Dance and play
games then these events are for you!

Please make sure to wear socks to the
event and please refrain from bringing
your own skates.

**Parent or guardian supervision is not
required**

ADULT PROGRAMS



Dance/Movement/Toning

Age: 18+ (16+ welcomed)
Pricing:
\$16 (9 weeks) w/SRD ID
\$32 (9 weeks) w/o SRD ID
Dates: Mondays
Time: 5:30pm-6:30pm
Location: Multi 2/Multi 3
Instructor: Tina Harley

Strength Circuit

Age: 18+ (16+ welcomed)
Pricing:
\$18(10 weeks) w/SRD ID
\$36(10 weeks) w/o SRD ID
Dates: Tuesdays
Time: 5:30pm-6:30pm
Location: Multi 2/Multi 3
Instructor: Tina Harley



Register [Click to visit Seabrookrec.com](https://seabrookrec.com)

Register [Click to visit Seabrookrec.com](https://seabrookrec.com)

Zumba

Age: 18+ (16+ welcomed)
Pricing:
\$18(10 weeks) w/SRD ID
\$36(10 weeks) w/o SRD ID
Dates: Thursdays
Time: 5:30pm-6:30pm
Location: Multi 2/Multi 3
Instructor: Tina Harley

Yoga for Diverse Abilities

Age: 18+ (16+ welcomed)
Pricing: FREE
Ongoing program
Dates: Mondays
Time: 11:30am - 12:30pm
Location: Gym 2
Instructor: Marie Zappla-Stewart

Yoga for Diverse Abilities classes are designed for people with disabilities including traumatic brain injury, developmental, intellectual and/or physical challenges. The supportive and accessible environment encourages people to breathe, move and stretch at a level that feels right for them.

Register [Click to visit Seabrookrec.com](https://seabrookrec.com)



YOGA IN ACTION
connect • transform • heal • thrive

SENIOR PROGRAMS



Walking Club

This is open to both residents and non-residents who would like to keep track of their distance of walking. A ticket will be placed in a container for every 50 miles walkers have completed since last year after the drawing, winner will be drawn @ Senior Day May 18, 2022.
1 mile = 16 laps around the outer edge of the total gymnasium or 10 laps around parking lot edges.
Fee: Free w/SRD ID Others \$2 daily

Drop in Bingo

Pricing:
FREE w/SRD ID
\$2 w/o SRD ID

Dates: Mondays & Thursdays
Time: 12:30pm-2:30pm
Location: Multi-Rooms
Instructor: Betty Ash

Bingo is played for small amounts of money and cash prizes are awarded to winners!



Chair Yoga

Pricing:
\$22(11 weeks) w/SRD ID
\$44(11 weeks) w/o SRD ID
Dates: Wednesdays
Time: 9:10am-10:10am
Location: Gym 2
Instructor: Kathie Bowen

Gentle beginner yoga on chair or mat, focus on movement and stretching.
Please bring your own mat if you have one.

Register [Click to visit Seabrookrec.com](http://Seabrookrec.com)

SR. Wii Bowling League

Pricing:
\$5 w/SRD ID
\$10 w/o SRD ID
Dates: Wednesdays
Time: 12:15pm-2:30pm
Location: Multi 2 & 3
Instructor: Sandy Beaudoin
Assisted by: Nancy Lewis

Teams of four bowlers will be formed and everyone will play each week for 10 weeks. Prizes for the most turkeys, best string, best totals, etc. This activity can be played while standing or sitting.

Register [Click to visit Seabrookrec.com](http://Seabrookrec.com)

ADULT & SENIOR PROGRAMS



Taxi Assistance Program

Reduced rate transportation program for senior (55+) and disabled residents of Seabrook. Applications available at the Seabrook Recreation Department. Taxi cabs from Cars & Port Taxi Company. Program travels to Newburyport, Amesbury, Salisbury (for medical reasons only) and Seabrook.



Happy Seniors Club Meetings

Pricing:
\$15 Annual Dues
Dates: 1st Wednesday of each month
Time: 12pm-3pm
Location: Seabrook Library
President: Dot Chase

Occasional entertainment, refreshments
and discussion of upcoming trips.

For questions please feel free to contact
Dot Chase at: (603) 474-8803

Rockingham Nutrition Program: Meals on Wheels

Pricing:
\$2 Donation
Dates: Monday-Friday
Time: 11:30am on-site
Location: Kitchen
Site Director: Lorraine Delisle

A daily nutritional meal is available to senior citizens (60+ years old). Meals are served on-site too! Come early and play cards or a game.

**Must call for a reservation: (603)
474-2139**



IMPORTANT DATES TO REMEMBER!

**Mark your calendar for some exciting upcoming events!
More details about these events will be announced soon,
keep an eye on our website and email blasts.**



**Easter Egg Drive Thru
April 16th**



**Earth Day
April 22nd (Event April 22nd-April 24th)**



**Summer Camp Sign-Ups
May 2nd**



**Senior Day
May 18th, 2022**



**Memorial Day
Parade May 29th**



Spring Fun Facts

- Honeybees are most likely to swarm in the spring. Even though it sounds scary, they are actually at their friendliest when they are swarming.
- Tornadoes are most common in the springtime.
- In Japan, the start of spring is marked by when the cherry blossom trees start to bloom. Cherry blossom trees like this are an iconic part of Japanese culture.
- In the North Pole, when spring starts so does a whole six months of daylight with no darkness.
- In the southern hemisphere Spring is in Autumn.

Special Spring Dates!

- March 30th - Take a Walk in the Park Day
- April 12th - Grilled Cheese Day
- April 26th - Pretzel Day
- May 4th - Star Wars Day
- May 13th - Frog Jumping Day
- May 29th - Put a Pillow on Your Fridge Day
- June 3rd - Repeat Day
- June 8th - Best Friends Day



If you have any Fun Facts about Summer and would like it to be featured in our Upcoming Summer Brochure please send them to

Ccarter@seabrooknh.org.