



Seabrook Recreation Dept
311 Lafayette Rd, Seabrook
www.seabrookrec.com

Come join us for fun in the sun
Yoga on the Beach



Tuesday mornings @ 8:30

With Kat Cooper

Starts June 13th - August 8th
8 Weeks = \$28.00

B.Y.O.M. (Bring your own mat) & H₂O

Must register with SRD 603-474-5746

