

January 26th through February 1st at the Seabrook Rec. Dept.

Sunday 1/26	Monday 1/27	Tuesday 1/28	Wednesday 1/29	Thursday 1/30	Friday 1/31	Saturday 2/1
OPEN FOR BASKET- BALL GAMES ONLY	<p>10 AM - Preschool Program - Wintertime Scavenger Hunts!</p> <p>10 AM - Zumba Gold</p> <p>11:30 AM - Yoga for Diverse Abilities</p> <p>2:45 PM - Cozy Crafts & DIY After School Program (K-1st)</p> <p>2:45 PM - Kids Who Care: Animal Lovers After School Program (2nd-4th)</p> <p>Open Indoor Pickleball 12pm - 2pm</p> <p>Open Gym 1 PM - 5 PM</p>	<p>10 AM - Preschool Program - Wintertime Scavenger Hunts!</p> <p>10 AM - Strength, Stretch, Sculpt</p> <p>11 AM - Barre</p> <p>2:45 PM - Lego Mindstorms After School Program (K-1st)</p> <p>2:45 PM - Wire Wrapped Jewelry Making After School Program (2nd-4th)</p> <p>Open Indoor Pickleball 12pm - 2pm</p> <p>Open Gym 12 PM - 5 PM</p>	<p>10 AM - Preschool Program - Wintertime Scavenger Hunts!</p> <p>11 AM - Zumba Gold</p> <p>12:15 PM - Sr. Wii Bowling</p> <p>2:45 PM - Chilly Experiments After School Program (K-1st)</p> <p>2:45 PM - Sami's Circuit After School Program (2nd-4th)</p> <p>Open Indoor Pickleball 12pm - 2pm</p> <p>Open Gym 12 PM - 5 PM</p>	<p>9 AM - Chair Yoga</p> <p>10 AM - Strength, Stretch, Sculpt</p> <p>10 AM - Preschool Readiness Playgroup</p> <p>12 PM - Drop In Senior Bingo</p> <p>2:45 PM - Disney's Kitchen After School Program (K-1st)</p> <p>2:45 PM - Makerspace Challengers After School Program (2nd-4th)</p> <p>Open Indoor Pickleball 12pm - 2pm</p> <p>Open Gym 12 PM - 5 PM</p>	<p>2:45 PM - Sami's Circuit After School Program (K-1st)</p> <p>2:45 PM - Freeze Tag & Gym Games (2nd-4th)</p> <p>6:00 PM - 7th & 8th Valentine's Mixer</p> <p>Open Indoor Pickleball 10am - 2pm</p> <p>Open Gym 9 AM - 5 PM</p>	OPEN FOR BASKETBALL GAMES ONLY
NO Open Gym						NO Open Gym

Interested in participating in any of our programs? Check out our website to register! www.seabrookrec.com

Calendars are subject to change. Please call the office with any questions. (603) 474-5746

Visit www.seabrookrecsports.com for all Winter Sports practice & game schedules.