

Seabrook Recreation Department Monthly Newsletter



Important December Dates to Remember

1/1 Building Closed - Happy
New Year

1/2 Winter Session Begins

1/17 Building Closed -

Professional Development

1/20 No Afterschool and
Preschool Programs

Upcoming Events

1/3 - 2nd Grade & Under
Rollerskating

1/10 - 3rd/4th Grade Mixer

1/24 - 5th/6th Grade Mixer

Need a membership?

Looking for a new
membership or a renewal?
\$10 for one year for
residents; \$35 for four years
for residents.

Non-resident? Inquire
within!



(603) 474-5746



311 Lafayette Rd
Seabrook, NH 03874



www.seabrookrec.com

Welcome to 2025!

Tackle your new year's resolutions with the Seabrook Recreation
Department...

YOUTH TRAININGS!

Interested in starting your own babysitting business? Make
sure to attend our American Red Cross Babysitter's Training
for 11 year olds and up. This course comes complete with
hands-on training and a certification.

Parents and/or guardians looking to create a safe home
environment for your kid(s)? Have them attend our new
HOME SAFETY CLASS. This is for ages 9 & Up. This class
encompasses creating safe environments at home, school
and online. A home alone safety plan is included!

ADULT FITNESS!

Got goals?! Come try out our fitness classes including;
Zumba Gold, Strength Stretch and Sculpt, Barre, and Chair
Yoga. Get, Fit, Get toned, Stay healthy!

Winter Sports Season is in full swish!

In House Basketball games are continuing every Saturday. Make
sure to come cheer on our basketball players and cheerleaders
this season! Visit seabrookrecsports.com for schedules and more
information.

Don't forget to check out our Travel basketball program on
Sundays. Schedules can be found on
Seacoastbasketballleague.com

Friday Night Specials are back!

Friday, January 3rd - 2nd Grade & Under Rollerskating Pajama Party

Friday, January 10th - 3rd & 4th Grade Pajama Party

Friday, January 24th - 5th & 6th Grade Pajama Party

**Travel Softball & Intro. to Softball registrations are
open!**



Staff Spotlight

Brittney Gentile
Program Director

Starting at the Seabrook Recreation Department as a CIT/Floater she has worked her way up as program director, Brittney has been here since 2006.

When Brittney is not at the Seabrook Rec she is enjoying time with her cat Tessie, or playing Disney Dreamlight Valley on her Nintendo Switch.

Winter Session Brochure

Interested in browsing the rest of our program offerings and open area schedules? Check out our Mini Session Brochure here.



Interested in volunteering? We are always looking for volunteers to coach our sports programs or help out with our other programs that we offer! Email smcdonald@seabrooknh.org if you are interested.

Did You Know?

We offer drop in rates for most of our programs. All of our fitness programs can be sampled for \$5 for residents and \$10 for non-residents. Come try out our two SSS classes, Barre, Chair Yoga and/or Zumba Gold!

Although our Winter Session programs have begun, that doesn't mean it's too late to sign up! You can join our preschool programs, afterschool programs, and adult & senior fitness programs at any point.

Do you have an idea for a Seabrook Rec. sport?

Are you passionate about that sport?

Do you want to lead that sport for the benefit of kids in our community?

If you answered YES! to all three of those questions then the Seabrook Rec. Department would like to hear from you!

Whether it's biking, golf, street hockey or some other sport/program, then please email us at smcdonald@seabrooknh.org with your idea(s) and we can get you started.

Seabrook Recreation Department

Preschool Readiness Group

FREE!

- Children ages 0-6 parents, grandparents or caregivers
- Supporting social skills, language development, problem-solving and creativity
- Promoting play skills that will help ensure a happy, successful transition to preschool

Where: 311 Lafayette Rd., Seabrook, NH
When: Thursdays, 10am-12pm
Instructor: Amanda

Parent and/or guardian must stay with their child(ren)

Staff New Year Resolutions



