



April 20th through April 26th at the Seabrook Rec. Dept.

Sunday 4/20	Monday 4/21	Tuesday 4/22	Wednesday 4/23	Thursday 4/24	Friday 4/25	Saturday 4/26
CLOSED	<p>10 AM - Preschool Program - Go Green with us</p> <p>10 AM - Zumba Gold 11:30 AM - Yoga for Diverse Abilities</p> <p>2:45 PM - Nature Based Crafts & Games After School Program (K-1st) 2:45 PM - Spring Foraging & Crafts After School Program (2nd-4th)</p> <p>4 PM - Intro to Wrestling (3rd-8th)</p> <p>6 PM - Adult/High School Pick-Up Basketball</p> <p>Open Indoor Pickleball 12pm - 2pm</p> <p>Open Gym 1 PM - 4 PM</p>	<p>10 AM - Preschool Program - Go Green with us</p> <p>10 AM - Strength, Stretch, Sculpt 11 AM - Barre/Pilates</p> <p>2:45 PM - High Energy Games After School Program (K-1st) 2:45 PM - Cooking with Science After School Program (2nd-4th)</p> <p>6 PM - Basketball Training w/AB (3rd-5th) 7 PM - Basketball Training w/AB (6th-8th) <i>(AB Training located at the school)</i></p> <p>5 PM - EARTH DAY CLEAN-UP EVENT <i>(Snacks will be provided)</i> Open Indoor Pickleball 12pm - 2pm</p> <p>NO OPEN GYM</p>	<p>10 AM - Preschool Program - Go Green with us</p> <p>11 AM - Zumba Gold 12:15 PM - Sr. Wii Bowling</p> <p>2:45 PM - No-Bake Snacks, Stories & More After School Program (K-1st) 2:45 PM - FREE Playground & Trail Explorers (OFF-SITE) After School Program (2nd-4th)</p> <p>4 PM - Super Smash Bros Ultimate Program (4th-8th)</p> <p>6 PM - Adult Women's Pick-Up Basketball</p> <p>Open Indoor Pickleball 12pm - 2pm</p> <p>Open Gym 12 PM - 6 PM</p>	<p>9 AM - Chair Yoga 10 AM - Strength, Stretch, Sculpt</p> <p>10 AM - Senior Drop-in Activity; Cribbage</p> <p>12 PM - Drop In Senior Bingo</p> <p>12 PM - Preschool Jumping Beans</p> <p>2:45 PM - Build & Breakdown After School Program (K-1st) 2:45 PM - Make-it Mini; DIY After School Program (2nd-4th)</p> <p>4:45 PM - Girls Basketball Training (5th-8th)</p> <p>6 PM - Adult Indoor Floor Hockey 6 PM - Evening Indoor Pickleball</p> <p>Open Indoor Pickleball 12pm - 2pm</p> <p>Open Gym 12 PM - 4:45 PM</p>	<p>2:45 PM - Art with a SPLASH After School Program (K-1st) 2:45 PM - Beauty Bonanza & Karaoke Kraze After School Program (2nd-4th)</p> <p>6:00 PM - 5th & 6th Carnival Party Mixer</p> <p>Open Indoor Pickleball 10am - 2pm</p> <p>Open Gym 9 AM - 5 PM</p>	<p>We're OPEN!</p> <p>Open Gym 11 AM - 3 PM</p>

Interested in participating in any of our programs? Check out our website to register! www.seabrookrec.com

Calendars are subject to change. Please call the office with any questions. (603) 474-5746