SEABROOK RECREATION DEPARTMENT

2025 SUMMER PROGRAM GUIDE

June 9th – August 16th Youth, Adult & Senior



Seabrook Community Center

311 Lafayette Rd., Seabrook NH (603) 474-5746

Building Hours

Mon.-8am-8pm (starting June 9th)
Tue.-Fri. 8am - 6pm (starting June 10th)
Sat. CLOSED (starting May 24th)
Sun. CLOSED

Summer Registration Begins
June 2nd, 2025





GENERAL INFORMATION

Our Mission

The Seabrook Recreation Department is committed to providing leisure services for Seabrook residents of all ages and interests by promoting programs which encourage the development of healthy bodies, minds and attitudes.

- Seabrook Rec. Staff

Registration Information

You may register and pay online at <u>seabrookrec.com</u> or visit us at 311 Lafayette Rd. Seabrook, NH for assistance.

How to Register Online

- Visit seabrookrec.com
- 2. Create a new account or log in to your existing account. (Note: Creating a new account is a one-time event that allows you to utilize our system. It is not a registration by itself)
- 3. Enter your primary billing contact first (must be an adult)
- 4. Add other members of your household
- 5. After all members are added, you may browse programs and add programs and/or other items to your cart.
- 6. Checkout and pay

Policies & Procedures

- Attire—Non-marking sneakers are required by any participant in gym activities. Shirts must be worn in all areas. Undergarments must be covered up.
- •Cancellations- Classes may be cancelled due to the lack of enrollment. All those registered for such a class, may receive credit toward another program or receive a refund. In the event of inclement weather, some programs may be cancelled.

School Aged Youth Using Facility- UPDATED!

School age youth are not allowed to use the building during school hours. Regular youth hours start at 2:45pm. Children 10 years and under must leave the Rec. at 6pm, and children 11 & 12 years must leave the gym at 6pm and go to the game room or sit in the lobby until 7pm, unless they are with a parent or adult who is directly supervising them or engaging in the same activity. Children less than the **fourth grade** may not be dropped off to use the building, unless they are attending a structured class or team practice. Youth grades 4th-5th will not be allowed outdoors unless directly supervised by a staff. Youth grades 6th & up will be allowed to leave the building, but only use outdoor areas under direct staff supervision. 6th Grade & up are allowed to leave the Rec. Department grounds.

- Eligibility Requirements Most of our programs are offered at three different rates, which includes 2 rates for members and 1 rate for non-members. A few programs & facilities are limited to members only, for example the exercise room is limited to members. We also have some programs that are limited to resident members first, such as summer camp.
- •Individuals without a SRD ID— Any person who does not have a current SRD ID Card must stop at main office to sign in and pay the appropriate drop-in fee. Anyone age 15 years old & older, must show other ID such as a driver's license or school ID.

SRD MEMBERSHIPS AND FEES

To use the facilities, you must obtain a SRD membership or pay a guest fee. Please call the office for details on memberships and guest fees.



Recreation Department Staff

Cassandra Carter
Director of Recreation
Ccarter@seabrooknh.org

Matthew McDonald Athletic Director

Mmcdonald@seabrooknh.org (Coordinates and facilitates athletic programs, leagues and specials)

Brittney Gentile Program Director

Bgentile@seabrooknh.org (Coordinates and facilitates various Recreational Youth, Adult & Senior Programs & Community Events)

Jo-Anne Page Office Supervisor

jpage@seabrooknh.org

Tristan Mcdonough Recreation Custodian

TMcDonough@seabrooknh.org

GENERAL INFORMATION CONTINUED...

Policies & Procedures

- Refund policy Some programs have a minimum and maximum number of participants set, in order to begin operating classes. Refunds are allowed one week prior to the class starting. Credit may be given in some situations.
- Handicapped Access The community center is handicapped accessible. Sinks, playground, etc. meet ADA standards.
- Checks with Insufficient Funds Any person using a check to pay for services & items, must understand that they are responsible for any bank charges and the amount of the check. These fees must be taken care of before they can sign up for any additional programs.
- **Dogs on the Property-** Dogs are not allowed in the community center and/ or on the property. This does not apply to medical assisting dogs.
- •Lost & Found We try very hard to give people an opportunity to reclaim their lost item. Check at the main office and at our lost & found cage. The Rec. Center is not responsible for lost, stolen or damaged property.
- •Skateboards, bicycles, roller blades & scooters— Are not allowed outside in the main driveway area, in the front walkway/entrance or in use anywhere inside the building. The only non Seabrook Recreation Department equipment that is allowed are basketballs (Basketballs MUST be clearly marked with the owner's name.)

CONTACT US!

Phone: (603) 474-5746 or (603) 474-8008

Website: www.seabrookrec.com

Facebook: Seabrook Recreation Department & Community Center

Instagram: Seabrook_Community_Center



Recreation Department Staff Continued

Stephanie McDonald Office Clerk smcdonald@seabrooknh.org

Office Receptionists

Paula Eaton
Emily Albright
Rec_reception@seabrooknh.org

Area Supervisors

Christina Moura Hannah Allen Tammy Gardner Meredith Sanborn Matthew Barrett

Night-time Custodian
TBD



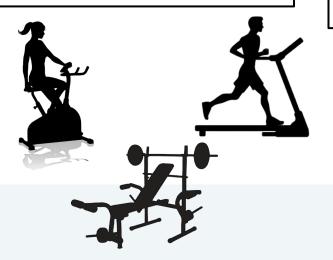
Community Center Facilities

Exercise Room

Open only to SRD membership holders age 13 and above. Each participant under 18 must complete the 30 minute clearance class. Over 18 must sign a waiver and/or take the clearance class. (An appointment must be made to attend this class.) Free to schedule; call the office or email mmcdonald@seabrooknh.org to schedule your class.

Equipment includes: 6 pieces of Cybex equipment, healthrider, fitness flyer, 2 treadmills, bench press, squat rack, rowing machine, bikes, calf machine, curl machine, Ab machines, Total Gym 1000, free weights, elliptical machine, and more.

	Adults/Teens (16 yrs. +)	13-16 yrs.
M-Th	9AM – 6PM	2:45 PM – 6 PM
Fri.	9AM – 6PM	2:45 PM – 6 PM
Sat.	CLOSED	CLOSED
Sun.	CLOSED	CLOSED



Outdoor Areas

All outdoor facilities are open from Mid-April until the beginning of winter (weather permitting). Outdoor areas include the playground, walking trail, gaga pit and tennis/pickleball courts.

*Outdoor Areas opening date TBA.

Open Gym

Days & Times
Monday - Friday; Times Vary
Call ahead for availability.

Friday: Closes at 5pm when there is a special

event. Sat: CLOSED Sun: CLOSED

Open times are subject to change!

Game Room

Pool Table, Air Hockey, Foosball Table, Gaming Systems, and so much more!

Supervised weekdays from 3pm-6pm

Mon-Thurs: 3pm-6pm

Fri: 3pm-6pm (5pm when there is a special

event)

Sat: ĆLOSED Sun: CLOSED



COMMUNITY OFFERINGS











Mobile Market

What is a Mobile Market?

Gather's Mobile Markets travel to neighborhoods, schools, community centers, and other locations, providing a welcoming and convenient space for individuals and families to access the food they need. Set up like a farmers market, Gather's Mobile Markets offer a range of seasonally available fresh produce, staple pantry items, meats, dairy, and eggs at no cost to shoppers.

Providing families with nutritious foods that kids can make easy meals with over the summer!

Summer dates and hours TBD.

Visit https://www.gathernh.org/mobilemarket

for eligibility, schedules and more information!



Will be coming to the Seabrook Recreation Department!

All are welcomed,

July 10th & July 31st 1pm-2:30pm



Free Summer Food Service Program (SFSP)

SNHS

In order to help families save a little time & money this summer, Southern New Hampshire Services is once again offering a **Free** meal service program for the participants of the Seabrook Rec. Summer Camp Program. The meal plan will cover breakfast and lunch and is also available on field trips. All meals are brown bag style please see below for an example of a meal offering:

Breakfast: Cereal, milk & fruit

Lunch: Sandwich or wrap with cheese, Fruit & Vegetables, and a snack item (depending on the menu offering).



COMMUNITY OFFERINGS







Adult & **Highschool** <u>Pick up Basketball</u>

Monday Nights! 6 PM - 8 PM

6/9/25-8/4/25 **Drop In Rate: \$5** res; \$10 non-res

OR

Register for all 9 weeks: \$20 res; \$40 non-res

Location:

311 Lafayette Road Seabrook, NH 03874

Family Roller-skate Night

LET'S GLOW CRAZY

Thursday, July 10th 6:00-8:00 PM

Pricing:

\$5 per person \$10 for family of 4 Wear NEON for \$1 off

Join us for a summer time roller-skate family event

There will be concession. music and time for you to skate as a family!

2nd Grade & Under Rollerskating

(Youth going into 3rd Grade in the fall included)

> Friday, July 25th 6:00-8:00 PM

> > **Pricing:**

\$5 w/ SRD ID \$7 w/o SRD ID

Location:

311 Lafayette Road Seabrook, NH

Join us in a fun filled night of roller-skating, games and dancing!

Parent or guardian supervision is required

The Seabrook Recreation Department Presents....







LOCATED AT THE SEABROOK RECREATION DEPARTMENT

ONDAY JULY 28^{III} 2025

Doors open at 4:00pm and BINGO starts at 5:00pm

PER PACKAGE! PER PACKAGE! FUN, THRILLS, LAUGHS, EXCITEMENT AND THE POTENTIAL TO WIN CASH!! TO SECURE SEAT(S) TO THIS EVENT, EACH \$20 PURCHASE AT THE SEABROOK REC. (CASH ONLY!) GETS YOU A BINGO CARD AND A DOOR PRIZE TICKET!

SEATS TO THIS EVENT ARE SECURED AT THE SEABROOK REC. ONLY. THERE WILL BE NO WALK-UP ACCESS TO THIS EVENT THE NIGHT OF! FOOD, DRINKS AND SNACKS WILL BE AVAILABLE TO PURCHASE THROUGHOUT THE NIGHT...

*ALL PROCEEDS GO TOWARDS OPPORTUNITIES FOR YOUTH.

*MINIMUM OF 15 REGISTERED PARTICIPANTS REQUIRED TO HOST BINGO *SPACE IS LIMITED! *SECURE YOUR SPOT NOW AND REGISTER IN PERSON AT THE SRD! (CASH ONLY!) *DATE AND TIME SUBJECT TO CHANGE

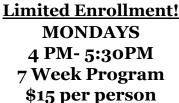
Contact Us! Seabrook Recreation Department 311 Lafayette Rd., Seabrook, NH 03874 (603) 474-5746

Summer Sports



WRESTLING

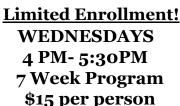
3rd-5th Grade



Develops mental and emotional resilience. Teaches athletes to embrace failure. Builds confidence.
Enhances patience and persistence. Regulates emotions.
Helps cope with stress.
Creates a strong support system.
Improves problem-solving skills.
Teaches discipline and respect.

WRESTLING

6th-8th Grade



Develops mental and emotional resilience. Teaches athletes to embrace failure. Builds confidence.
Enhances patience and persistence. Regulates emotions.
Helps cope with stress.
Creates a strong support system.
Improves problem-solving skills.
Teaches discipline and respect.

Basketball with Antoine Bailey of AB Sports Lab 3rd-5th Grade

Tuesdays 4:45pm-5:45pm (7 weeks beginning 6/24/25)

Pricing:

Resident Member: \$25 SAU21/90 Member: \$30 w/o Membership: \$50 OR \$30 Drop In fee per class

Tuesdays 4:45pm-5:45pm



Location: 311 Lafayette Road, Seabrook, NH This class offers a new and exciting approach to your sports training. AB developed Group Sessions from drills and lessons used by some of the most elite athletes. AB knows that practice makes perfect, but there is no perfect... so keep practicing with AB.

Basketball with Antoine Bailey of AB Sports Lab 6th-8th Grade

Thursdays 4:45pm-5:45pm & Fridays 3:30pm-4:30pm

7/10,7/11,7/17,7/18,7/24, 7/25, 8/1

Pricing:

Resident Member: \$25 SAU21/90 Member: \$30 w/o Membership: \$50 OR \$30 Drop In fee per class



Location: 311 Lafayette Road, Seabrook, NH

This class offers a new and exciting approach to your sports training. AB developed Group Sessions from drills and lessons used by some of the most elite athletes. AB knows that practice makes perfect, but there is no perfect... so keep practicing with AB.

Be on the lookout for upcoming Sports Programs!

Register Click to visit Seabrookrec.com

Summer Sports Continued









SEABROOK RECREATION DEPARTMENT



KAIZEN MARTIAL ARTS

311 LAFAYETTE RD., SEABROOK, NH 03874

Every Tuesday from 3:30PM - 4:30 PM (Beginning June 24TH - August 5TH)

For Ages: 5YRS - 12YRS

ONLY \$10 TO JOIN FOR THE FIRST 10 REGISTRANTS!
ALL OTHERS AFTER THE FIRST 10 PEOPLE - \$50 TO
REGISTER

THANK YOU TO THE DICK'S FOUNDATION
TO HELPING KEEP COSTS LOW!





For more information contact us below Tel: (603) 474-5746

Email: Smcdonald@seabrooknh.org



Register Click to visit Seabrookrec.com

Welcome To Our 2025 Summer Camp

Meet the staff Night

CARNIVAL

Thursday
June 19th, 2025
5:00pm-7:00pm

Come meet our 2025 Summer Camp Staff!

Free Carnival Food!





GAGA Ball! & MORE!



What is Summer Camp?

Here at the Seabrook Recreation
Department we offer a full day camp
for Pre-K-7th Grade Youth!

The days are filled with tons of fun with games, crafts, sports, cooking, events and so much more!

At the Seabrook Summer Camp we have time indoors and of course time outdoors!

Throughout the summer we have our scheduled field trips, but we also like to add a few inclusive trips as well!

The staff take pride in what they do and have a strong passion with working with youth!

We are all excited for this upcoming Summer!

We accept



#arcuin!
For registrations utilizing the #areuin card,

give us a call or come into the SRD M-F from 7am-3pm.

We can't wait to see everyone on Monday, June 23rd at 8 AM!



MON. APRIL 7th: 9am at the SRD

Online Registration begins April 7th at Midnight!

Seabrook Resident, Current SRD ID REQUIRED AT REGISTRATION

You must purchase a membership on our website to receive your discounted rate!

Phone: (603) 474-5746 Website: <u>www.seabrookrec.com</u> Facebook: Seabrook Recreation Department & Community Center

JUNIOR & SENIOR CAMPERS (1st-7th Grade)

7 Weeks of	Week 1	Monday June 23rd-Friday June 27th
Summer Camp!	Week 2 4 day camp week (no 7/4) \$50	Monday June 30th-Thursday July 3rd
Sign up for any or	Week 3	Monday July 7th-Friday July 11th
Sign up for any or All 7 weeks!	Week 4	Monday July 14th-Friday July 18th
**Number of	Week 5	Monday July 21st-Friday July 25th
campers per group is limited!!	Week 6	Monday July 28th-Friday August 1st
nimicedii	Week 7	Monday August 4th-Friday August 8th

JUNIOR CAMP GROUPS

(Going into the 1st-4th Grade; Age groups may be mixed)

Group Name	Age/Grade	Days	Time	Food Program	Reg. Fee	Weekly Fee
Guppies	1st Grade	M-F	8am-3pm	Breakfast/Lunch Provided Send Snacks	\$15	\$60
Swordfish	2nd Grade	M-F	8am-3pm	Breakfast/Lunch Provided Send Snacks	\$15	\$60
Stingrays	3rd Grade	M-F	8am-3pm	Breakfast/Lunch Provided Send Snacks	\$15	\$60
Dolphins	4th Grade	M-F	8am-3pm	Breakfast/Lunch Provided Send Snacks	\$15	\$60

SENIOR CAMP GROUPS

(Going into the 5th-8th Grade; Age groups may be mixed)

Group Name	Age/Grade	Days	Time	Food Program	Reg. Fee	Weekly Fee
Sharks	5th Grade	M-F	8am-3pm	Breakfast/Lunch Provided Send Snacks	\$15	\$60
Whales	6th Grade	M-F	8am-3pm	Breakfast/Lunch Provided Send Snacks	\$15	\$60
Neptunes	7th Grade	M-F	8am-3pm	Breakfast/Lunch Provided Send Snacks	\$15	\$60
Counselors in Training	8th Grade Only		re within ext page*	Breakfast/Lunch Provided Send Snacks	FREE	FREE

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Facebook: Seabrook Recreation Department & Community Center

VOLUNTEER OPPORTUNITY - 8th Grade Only Option

Counselors in Training

Volunteering at camp is more than doing good, building skills, and growing personally... It's all those things combined and more!

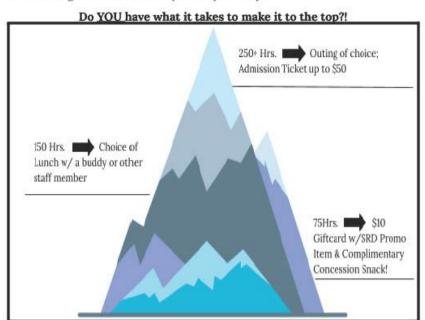
Earn Volunteer Incentives! **Breakfast & Lunch Provided**

Days to be determined after interview/orientation with Program Director *Field Trips may be included depending on performance!*

Interested? Email Brittney for more information at bgentile@seabrooknh.org

Summer Volunteer Incentive Program

If you are reading this you have already been thinking about giving back to the community, creating positive relationships with others, learning new things and growing as a potential leader! Volunteering can be a HUGE accomplishment not only day to day, but also lifelong. Since you have already received our Summer Camp Application, take a look below to see what great incentives may come your way!



MON. APRIL 7th: 9am at the SRD

Online Registration begins April 7th at Midnight!
Seabrook Resident, Current SRD ID REQUIRED AT REGISTRATION

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LITTLE CAMPERS (Pre-K & Kindergarten)

7 Weeks of	Week 1	Monday June 23rd-Friday June 27th
Summer Camp! Sign up for any or All 7 weeks!	Week 2 3 day camp week Kindergarten \$40	Monday June 30th-Thursday July 3rd No camp on 7/4
	Week 3	Monday July 7th-Friday July 11th
**Number of	Week 4	Monday July 14th-Friday July 18th
campers per group is limited!!	Week 5	Monday July 21st-Friday July 25th
	Week 6	Monday July 28th-Friday August 1st
	Week 7	Monday August 4th-Friday August 8th

Preschool *Dependent upon staffing availability*

Group Name	Age/Grade	Days	Time	Food Program	Reg. Fee	Weekly Fee
Starfish 🙀	Pre-K (Must be Potty Trained)	Mon, Tues & Thurs	8am-11am	Snack Provided	\$15	\$25

Going into Kindergarten in the Fall

Group Name	Age/Grade	Days	Time	Food Program	Reg. Fee	Weekly Fee
Minnows 🍑	Going into Kindergarten	M,T, TH, F	8am-3pm	Breakfast/Lunch Provided Send Snacks	\$15	\$50





MON. APRIL 7th: 9am at the SRD

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Summer Camp Field Trips

Destination	Trip Date	Drop	*Please note	Pick up	Fee
B CCCA, CCCA	_	off time		time	
Chuck 'E' Cheese (MINNOWS GROUP ONLY)	Week 1: Thur. June 26th	8am	PLAN ACCORDINGLY FOR	зрт	\$20
Water Country (ALL CAMP)	Week 3: Wed. July 9th	9am	PRE-PLANNED DROP OFF TIMES ON	4:15pm	\$40
Lego Discovery Center (JUNIOR CAMP ONLY)	Week 4: Wed. July 16th	8am	FIELD TRIP DAYS. SOME OF THE PICK UP TIMES FOR TRIPS MAY VARY DUE TO TRAFFIC. TRIP DATES & TIMES MAY ALSO CHANGE DUE TO WEATHER	зрт	\$32
Dick's House of Sport (SENIOR CAMP ONLY)	Week 4: Thur. July 17th	8am		зрт	\$20
Hilltop Fun Center (SENIOR CAMP ONLY)	Week 5: Wed. July 23rd	8am		зрт	\$35
Boston Children's Museum (JUNIOR CAMP ONLY)	Week 5: Thur. July 24th	8am		зрт	\$27
Franklin Park Zoo (ALL CAMP)	Week 6: Wed. July 30th	8am	AND OTHER VARIABLES	4pm	\$32
Canobie Lake Park (ALL CAMP)	Week 7: Wed. August 6th	9am		5pm	\$45

Important Field Trip Information

-All field trips must be paid in full.

-If paying by check for camp & field trips, you will need two separate checks.
-All Field Trip registrations will close one week before the field trip date.

-No on-site camp on field trip days.

-8th Grade Volunteers may earn Field Trips depending on performance.







This is NOT a school Sponsored Program

MON. APRIL 7th: 9am at the SRD

Online Registration begins April 7th at Midnight! Seabrook Resident, Current SRD ID REQUIRED AT REGISTRATION

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Summer Camp - Off Campus Add Ons

Instructor: Matt McDonald (Drop of is at 8am, Pick up at 3pm)



Mini Golf Masters



Challenge yourself with a different Mini Golf Course each week!

Group Name	Age/Grade	Days	Time	Reg. Fee	Weekly Fee
Mini Golf Masters	2nd-4th	Mondays	Times will vary due to location of mini golf course	N/A	\$15
Mini Golf Masters	5th-7th	Tuesdays	Times will vary due to location of mini golf course	N/A	\$15

Playground Adventures

Travel to different playgrounds in the area while playing games and exploring!



Group Name	Age/Grade	Days	Time	Reg. Fee	Weekly Fee
Playground Adventures	2nd-4th	Thursdays (No program July 3rd & July 24th)	Times will vary due to location of the playground.	N/A	\$5

(You can only register your child for Off Campus Add-Ons during the week(s) that your child is registered for camp.)

*If signed up for Mini Golf Masters and/or Playground Adventures, registrants will be expected to attend all add ons.

SPACES ARE LIMITED!

This is NOT a school Sponsored Program

MON. APRIL 7th: 9am at the SRD

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AFTER CAMP



Going into Kindergarten - 3rd Grade in the Fall

Group Name	Age/Grade	Days	Time	Food Program	Weekly Fee
After-Camp	K-3rd Grade	Monday-Friday NO AFTER CAMP; 7/4, 7/9, 7/16, 7/24, 7/30, 8/6	3pm-5:15pm	Snack Provided	\$35 (4 day week- \$30)



ImportantINFORMATION



Sign-ups for Summer Camp including Field Trips will begin MON. April 7th: 9am at the SRD	Permission for Field Trips is implied with Summer Camp Registration			
Online Registration begins April 7th at Midnight!	Spaces are LIMITED for Camp, Field Trips & After-Camp!			
If you have a Season Pass for any of the trips applicable to your camper, you must give a photo copy to the Rec. at least one week before the Trip Date.	You can only register your child for Field Trips that occur during the week that your child is registered for camp			
Camp days & Field Trips are subject to change!	Field Trip registrations will close one week before field trip date.			
Please purchase a membership on our website to receive your discounted rate!	Although camp breakfast/ lunch is available to all campers, there will not be any menus available			
No On-Site Camp on Field Trip Days	No refunds given.			
NO AFTER CAMP; 7/4, 7/9, 7/16, 7/24, 7/30, 8/6				

Old Home Days August 16th, 2025

Some things to look forward to....





Upcoming Fall Friday Night Specials





Friday Night Special Times! 6:00pm-8:00pm Event Pricing \$5 W/ SRD ID \$7 W/O SRD ID

2nd Grade & Under

Dates: Friday - 9/5/25 - Back to School (Wear school colors and receive \$1 off admission)

-Friday - 10/10/25 - Halloween Happenings (Wear halloween attire and receive \$1 off admission) Parent or guardian supervision is required.

Time: 6:00pm-8:00pm

Location: Seabrook Recreation Department

Join us in a fun filled night of Roller-skating, Games and Dancing!

Please make sure to wear socks to the event.

3rd & 4th Grades

Dates: Friday - 9/12/25 - Back to School (Wear school colors and receive \$1 off admission)

-Friday - 10/24/25 - Halloween Happenings (Wear halloween attire and receive \$1 off admission)

Parent or guardian supervision is NOT required.

Time: 6:00pm-8:00pm

Location: Seabrook Recreation Department

Join us in a fun filled night of Roller-skating, Games and Dancing!

Please make sure to wear socks to the event.

5th & 6th Grades

Dates: Friday - 9/19/25 - Back to School (Wear school colors and receive \$1 off admission) -Friday - 11/7/25 - Tie Dye Craze (Wear tie dye and receive \$1 off admission)

Parent or guardian supervision is NOT required.

Time: 6:00pm-8:00pm

Location: Seabrook Recreation Department Join us in a fun filled night of Roller-skating, Games and Dancing!

Please make sure to wear socks to the event.

7th & 8th Grades

Date: Friday - 9/26/25 - Back to School
(Wear school colors and receive \$1 off admission)
-Friday - 11/14/25 - Tie Dye Craze

(Wear tie dye and receive \$1 off admission)

Parent or guardian supervision is NOT required.

Time: 6:00pm-8:00pm

Location: Seabrook Recreation Department

Join us in a fun filled night of Roller-skating, Games and Dancing!

Please make sure to wear socks to the event.



Adult 18+ Roller-skate Night!

Dates: Friday 10/3/2025 Time: 6:00pm-9:00pm

Location: Seabrook Recreation Department Join us in a fun filled night of Roller-skating! Please make sure to wear socks to the event.

Need Childcare? Add it on for only \$10 per family!



Upcoming Sports



Fall Flag Football

Age: 3-4yrs, 5-6yrs, 7-8yrs & 9-12yrs

Pricing:

\$15 w/R-Membership

\$18 w/SAU21/90 Membership

\$30 w/o Membership

Join in on the fun of Flag Football! We will be doing some skills, drills, and scrimmages!

Age Groups Are Subject to Change

Winter In-House Basketball

Co-ed Divisions:

K-1st, 2nd-3rd, 4th-5th, 6th-8th

Pricing:

\$35 w/R-Membership \$42 w/SAU21/90 Membership \$70 w/o Membership

Registration Period TBD

Fall Soccer

Little Kickers:

Age: 3-4yrs, 5-6yrs

Pricing:

\$15 w/R-Membership

\$18 w/SAU21/90 Membership

\$30 w/o Membership

Days/times TBD

Little Kickers Soccer will consist of skills, drills, and fun soccer related games!
We will have scrimmages after learning some of the basics and fundamentals of soccer.





Winter Cheerleading

Grades: K-1st, 2nd-3rd, 4th-5th

Pricing:

\$25 w/R- Membership + Uniform Deposit \$30 w/SAU21/90 Membership \$50 w/o Membership + Uniform Deposit

Come cheer with us! The SRD cheer program will not only cheer for basketball games, but will also get one practice night per week.

Uniform's MUST be returned at the end of the season.

Winter Travel Basketball

Grade Divisions:

Girls: 3rd-4th, 5th-6th, 7th-8th **Boys:** 3rd-4th, 5th-6th, 7th-8th

Pricing:

\$75 w/R-Membership \$84 w/SAU21/90 Membership \$150 w/o Membership

Registrations will take place following tryouts.

Tryouts: TBA

Interested in Coaching?

Coaching youth sports is one of the most important ways adults can influence the positive development of youth!

-FALL FLAG FOOTBALL
-FALL SOCCER
-TRAVEL BASKETBALL
-IN-HOUSE BASKETBALL

Register now at www.seabrookrec.com

Upcoming Fall Happenings







Monday-Friday

K-1st Grade
After-school Programming!
2nd-4th Grade
Afterschool Programming!
2:45pm-6:00pm

Cooking, S.T.E.M, Arts, Music, Sports, Games & MORE!

Fall Field Trips!

Grades: 3rd-6th

CRESCENT FARM CORN MAZE

MOVIE THEATER



BOWLING & MORE



Dates to be Determined

Trick or Treat Walkthrough



All Ages! FREE!

Saturday, October 18th, 2025 5:30pm-7:30pm

Bring your bag and gather your goodies!
While supplies last!



Hunter Safety Course

Thursday 9/4/25 Tuesday 9/9/25 Thursday 9/11/25 Tuesday 9/16/25

Register at https://www.wildlife.nh.gov







Annual Lights on Afterschool Halloween Event

Costume Contests, DJ, refreshments, Pumpkin Decorating Contest & our Haunted House!

ALL AGES; Community Welcome!

Friday, October 17th, 2025 6pm-8:30pm

Dates are subject to change







Annual Holiday Event & Festival of Trees

Photos with Santa, sleigh ride, tons of activities, refreshments & so much more!

ALL AGES; Community Welcome!

Thursday, December 4th & Friday, December 5th, 2025 6pm-8pm

Dates are subject to change





